



INSTITUTE OF HEALTH SCIENCES

(A Unit of Margdarsi)

Office: N-2/41, I.R.C Village, Nayapalli, Bhubaneswar - 751015, Ph.:0674-2553640, 2550054

Campus: Chandaka, Bhubaneswar, Khordha, Odisha, pin: 754005, E-mail:ihsbbsr@margdarsi.org, web: www.ihsindia.org

Best Practices – 2021-22

- 1. Title of the Practice - Community awareness through social media**
- 2. Objectives of the Practice -** Institute of Health Sciences has conducted public awareness program for the rehabilitation of various developmental disorders and disabilities through digital platforms, sharing organically in the social media like facebook live, You Tube Channel, Instagram and Twitter. “Satya Speaks” was a live show every Saturday evening by Prof Satya Mahapatra to sensitize public on disability rehabilitation and engage people in learning about management at home.
- 3. The Context –** The pandemic increased the digital presence while disrupting the physical rehabilitation of the disabilities. Thus the social media was considered appropriate to provide online information and guidance.
- 4. The Practice –** Every weekend, Saturday evening 7 pm, Prof Satya Mahapatra was available on facebook live. The prior promo of the event attracted many people to attend Satya Speaks and take guidance
- 5. Evidence of success –** People connected with queries over phone calls. They took guidance online on the problems that their family members were suffering . Many people responded later for physical consultation.

#SATYASPEAKS: EPISODE 7
DISABILITY: DISTORTED ABILITY
REHABILITATION: RESTORED ABILITY
Join us on every Saturday, 7PM
• LIVE 17:39

#SATYASPEAKS: EPISODE 1
Autism: Treatment Vs Management
Join us on every Saturday, 7PM
• LIVE 19:17

#SATYASPEAKS: EPISODE 9
HOW TO COPE WITH PARENTING STRESS AND ANXIETY
Join us on every Saturday, 7PM
• LIVE 3:11

Director
Institute of Health Sciences
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SL	DATE	TOPIC	URL
1	06.10.2021	Autism treatment vs mgmt	https://www.youtube.com/watch?v=p7HhFoSmQHo&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig_Udcv&index=1
2	07.10.2021	Development disorder	https://www.youtube.com/watch?v=87dk68iKuLc&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig_Udcv&index=3
3	08.10.2021	Mental Health	https://www.youtube.com/watch?v=kP7CoasAS1g&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig_Udcv
4	28.10.2021	Hearing Impairment	https://www.youtube.com/watch?v=rMRKiBW-y78&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig_Udcv&index=5
5	30.10.2021	Intellectual Disability	https://www.youtube.com/watch?v=sVhoo2O5Hs&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig
6	08.11.2021	Learning Disabilities	https://www.youtube.com/watch?v=p_EWhagGQW8&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig_Udcv&index=6
7	09.11.2021	Cerebral Palsy	https://www.youtube.com/watch?v=3F8HsV1dTKE&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig_Udcv&index=7
8	17.11.2021	How to manage behaviour problems in children	https://www.youtube.com/watch?v=i1HwaquRZsA&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig_Udcv&index=8
9	23.11.2021	How to cope with parenting stress & Anxiety	https://www.youtube.com/watch?v=rVcMnS5rMvk&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig_Udcv&index=9
10	29.11.2021	Distorted ability Rehabilitation	https://www.youtube.com/watch?v=lgijQz23HQw&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig_Udcv&index=10
11	20.12.2021	World Disability Day	https://www.youtube.com/watch?v=o2IP4ENPLr4&list=PLwEZbfKdKgjxYwqJPQSNWechZ3ig_Udcv&index=11
12	27.12.2021	Cerebral Stroke	https://www.youtube.com/watch?v=jKYPPMxAjKE&t=72s
13	06.01.2022	Multiorgan malfunction in Autism	https://www.youtube.com/watch?v=tctD2FKAAE8&t=72s
14	10.01.2022	Oral Communication	https://www.youtube.com/watch?v=3LpgmUPuhyA
15	22.01.2022	Disability Rehabilitation	https://www.youtube.com/watch?v=Nk5bK9Xj9iA
16	05.02.2022	Disability Continuum	https://www.youtube.com/watch?v=Ku8TMJOY1B4
17	06.02.2022	Early Intervention in Autism	https://www.youtube.com/watch?v=lBam4Zx6UO4
18	08.02.2022	Scope of practice for a speech therapist	https://www.youtube.com/watch?v=kzF2f9MdOAg
20	15.03.2022	Autism, self assessment	https://www.youtube.com/watch?v=Ytcwij7zcxU
21	05.04.2022	The circle of support - peer factor	https://www.youtube.com/watch?v=ePuBRloEUvI



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22	06.04.2022	Journey of self Improvement through online therapy	https://www.youtube.com/watch?v=6HS_sqldXnI
23	07.04.2022	World Autism Awareness Day	https://www.youtube.com/watch?v=J0HEULjt0Z4
24	13.04.2022	Invisible Hearing Disorders	https://www.youtube.com/watch?v=K2sbG22nInc https://www.youtube.com/watch?v=MOtOhir3lWI
25	20.04.2022	How to improve behaviour of an unruly child	https://www.youtube.com/watch?v=RHRTfK86oKM
26	23.04.2022	Your family counselling	https://www.youtube.com/watch?v=2u88jerALE8
27	30.04.2022	Defining imperfections	https://www.youtube.com/watch?v=b7uzyoitjVI
28	07.05.2022	Emotional management	https://www.youtube.com/watch?v=lN9lbf6tKVs


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